

Shiatsu Theory And Practice 3e

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Shiatsu Theory and Practice, 3rd Edition / AvaxHome

Shiatsu works by stimulating the body's vital energy flow in order to promote good health. The practitioner uses palms, thumbs and fingers, elbows, and even knees and feet to apply pressure and stretching to the energy lines or meridians; This text written by a renowned practitioner...

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Ohashi Institute

Also Shiatsu and other Eastern techniques focusing on treatment of points, channels/meridians, organ theory, tonification, and dispersal Application of accessory therapeutic techniques – Including, but not limited to, use of heat, cold, and other appropriate applications to the body

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